

## *Finca-holiday with yoga & SPA Mallorca 2020*

- ✓ Silence and amazing views across the landscape and village
- ✓ Mainly vegetarian fullboard
- ✓ A place for a retreat, calmness, pause in the center of Mallorca
- ✓ Fun and exercise with like-minded people
- ✓ Execution of the program guaranteed



### Location

The Retreat Finca Son Manera is situated in the heart of Mallorca, near the typical mallorcan town Montuiri. It takes only 30 minutes from the airport to the Finca. You can also reach the most beautiful beaches of the island in 30 minutes as well as the Tramuntana Mountains, which are ideal for hiking and a popular excursion destination. The Finca is situated on a soft hill, so you have a fantastic view over Montuiri, the mountains and the surrounding fields with orange-, olive- and almond trees.



## Silence & View

Everybody who is searching for a time-out of daily life is in the right place at Son Manera. It's like an entry in another world, which allows you to leave the ballast of everyday life behind. Breathe deeply and enjoy the silence.



## Pure Nature

Palmtrees, hibiscus ,and bourgainvilleas give the Finca it's special flair. Also the butterflies are of the same opinion, spending hours in the wonderful purple blossoms. Stroll through the Fincas own olive grove, or just enjoy the silence on the roof terrace, live every moment



## Relaxing at the pool

Enjoy the beautiful view over the landscape and Montuiri while relaxing at the pool side. It is a salt-water pool – good for your skin and the environment.



## Finca-holiday with yoga

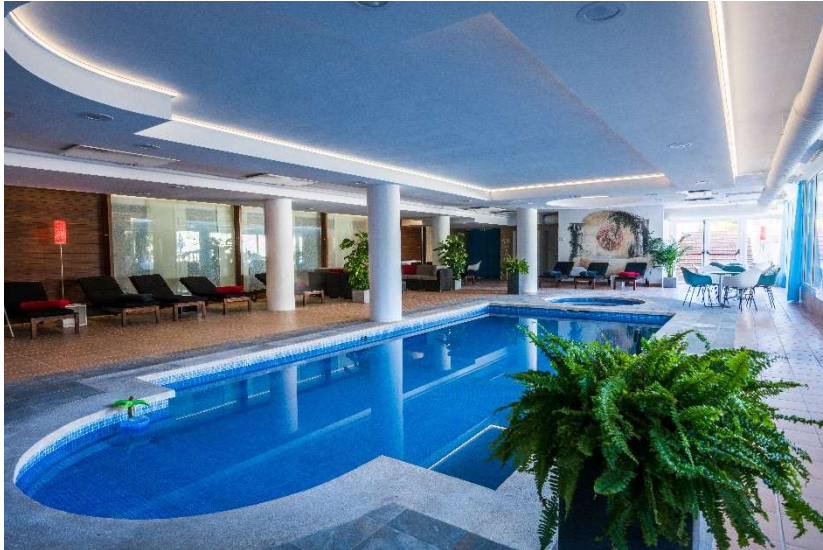
During your Finca-holiday with yoga the day starts with a yoga session, of 1,5 hours. The yoga sessions take place either inside in our yoga rooms or outside on our roof terrace or platforms, one of them in our Olive grove and both with beautiful views. Our Second yoga session is in the afternoon, 1,5 hours with meditative elements.

The yoga sessions are for beginners and advanced – no prior knowledge needed.



## Enjoying the SPA

Our SPA area with 400 square meters offers two saunas, an infrared cabin, indoor pool and jacuzzi. We have different kind of massages available.



## The Finca

Spacious, bright rooms, air to breathe. A place to feel at home.



## Impressions...



## Rooms

### **25 rooms in mallorcan-style with modern elements**

In the Main building of the Finca we have double rooms (also usable as single rooms) and very spacious superior rooms. All rooms have their own bathroom and toilet, double bed or two single beds with high-quality mattresses. And we have 6 cottages, 4 with their own terrace. All rooms have a tea and ironing station. Some rooms have a private terrace or access to the big roof terrace with fantastic view over the landscape.

Our Superior Rooms also offer a sofa bed with enough space for three persons.

The whole Finca is a non-smoking house, a smoking corner is available.



In our Retreat Finca we mainly offer vegetarian full board which consists of:

Breakfast buffet until 11 am.

The breakfast contains fruits, homemade bread, cheese, porridge, coffee and several sorts of tea.

At 2 pm we offer lunch with soup and salad.

Dinner buffet consists of vegetarian food and a meat/fish dish twice a week.

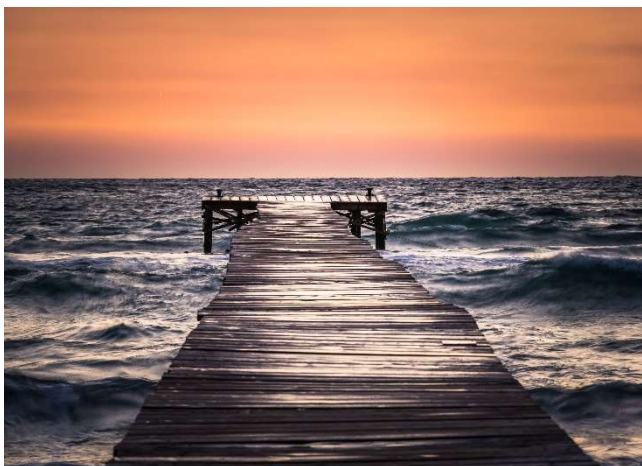
Free water and tea all day. Other drinks (alcoholic and non-alcoholic) are available in our bar and self-service bar in the reception.

We can cater for vegan, lactose- and gluten-free diet in a limited way and on previous request only.



## Mallorca – Island of Diversity

The magic of the island is fascinating. Mediterranean flair, very well infrastructure, good accessibility. And above all, the variety this Balearic island has to offer. Son Manera Retreat Finca is the ideal place for recovery and regeneration and to explore the beauty of the island. Whether the beaches at the South- or East coast, hiking in the Tramuntana Mountains or shopping-trips to Palma. Furthermore, there is a wide range of golf courses and Mallorca is also popular for cyclists especially from September to May.



## Finca-holiday with yoga Mallorca 2020

### Ideal for couples, friends with different interests



The Finca is ideal for couples with different interests. While one partner can enjoy the daily yoga lessons the other one has the possibility to go cycling (bikes available at the Finca), play golf, explore the island...

### Included services

- ✓ 7 nights at the Son Manera Retreat Finca
- ✓ Spacious rooms with bathroom, water boiler, hairdryer, AC, infrared heater
- ✓ vegetarian full board and meat/fish twice a week
- ✓ Free water and tea all day
- ✓ Free fruits all day
- ✓ 1 x beach shuttle per week
- ✓ Use of the outdoor and indoor pool and the spa area
- ✓ Free WIFI
- ✓ Saturday airport shuttles from airport to Son Manera, twice a day

### Prices

All prices are per person and week including all mentioned services.

low season: January 4th 2020 – April 4th 2020 (stay)

October 24th 2020 – December 19th 2020 (stay)

high season: April 4th 2020 – October 24th 2020 (stay)

Arrival December 19st 2020 & December 26th 2020

room	high season	low season
double room/bungalow	€ 990,-	€ 890,-
supplements:		
terrace	€ 110,-	€ 110,-
superior room	€ 90,-	€ 90,-
small single room	€ 60,-	€ 60,-
double room/Bungalow single use	€ 180,-	€ 180,-
extension week reduction	€ 50,-	€ 50,-
accompany person without yoga program		
reduction	€ 100,-	€ 100,-

*Valid for all prices: 5% early booking bonus for bookings until January 31st 2019.*

The Spanish city tax of € 0,55 per person and night (01.11.-30.4.) or € 2,20 per person and night (1.5.-31.10.) will be collected onsite additionally to above mentioned rates.

## Contact

All information and contact

[www.sonmanera.com/en](http://www.sonmanera.com/en)

[office@sonmanera.com](mailto:office@sonmanera.com)

T:+34 685 423 425

*As per April 2020*